



Healing Confessions

Since Jesus is Lord over my life, I forbid sin, sickness, and disease to have any power over me. I am forgiven and free from sin and guilt. I am dead to sin and alive unto the righteousness of God. *(Col 1:21-22)*

I release unforgiveness and strife from my life. I choose to forgive others as Christ has forgiven me, for God's love has been shed abroad in my heart by the Holy Spirit. *(Mt 6:12, Ecc. 11:10)*

Jesus Christ bore my sins in His own body on the tree; therefore, I am dead to sin and alive unto the righteousness of God in Christ Jesus, and by His stripes I am healed and made whole. *(1Pet 2:24, Rom 6:11, 2 Cor 5:21)*

The Word of God has imparted the life of God to me, and that life restores my body with every breath I breathe and every word I speak. I overcome the world, the flesh, and the devil by the blood of the Lamb and the word of my testimony. *(Jn 6:63, Mk 11:23, 1Jn 4:4, Rev 12:11)*

Jesus bore my sickness and carried my pain; therefore, I give no place to sickness and pain, for God sent His Word and healed me and delivered me from the pit of destruction. *(Ps 107:20; Ecc 10:11)*

Heavenly Father, I attend to Your Word; I incline my ears to Your sayings; I refuse to let them depart from my eyes. I keep them in the midst of my heart for they are life, health, and medicine to all my flesh. *(Pr 4:20-22)*

You have given me abundant life and I receive that life through Your Word; and that life flows to every organ and tissue of my body, bringing life and health. *(Jn 10:10; Jn 6:63)*

Father, I am redeemed from the curse and Your eternal life is in me. Your Word, which is eternal life, flows in my blood stream, restoring every cell of my body to health, in Jesus' name. *(Jn 6:8, Jn 10:28, 1Jn 5:11, 13-15, 20)*

No evil will befall me, neither shall any plague come near my dwelling; for God has given His angels charge over me. They keep me in all my ways. In my pathway are life, healing, and health. *(Ps 91:10-11, Pr 12:28)*

Lord, I serve You and You bless my food and water and You have taken sickness out of me; therefore, I will fulfill the number of my days on the earth in health. *(Ex 23:25-26)*

I present my body as a temple of the Living God. Since God dwells within me and His life permeates my spirit, soul, and body, I am filled with God's fullness daily. *(Rom 12:1-2, Jn 14:20)*

Since my body is the temple of Holy Spirit, my body releases the perfect chemical balance. My pancreas secretes the right amount of insulin for life and health. *(1 Cor 6:19)*

Every plant the Father has not planted is dissolved and rooted out of my body in Jesus' name. Every fiber and tissue in my body is alive with the life of God. *(Mt 15:13)*

I am redeemed from the curse of the law; therefore, I forbid growths, tumors, blood diseases, heart malfunctions, cancers, strokes, arthritis, high blood pressure, or any sickness or disease of any kind to inhabit my body. I am delivered out of the authority of darkness and every organ and tissue of my body functions in the perfection to which God has created it to function. *(Gal 3:13, Col 1:13-14, Gen 1:28-31)*



Healing Confessions (continued)

I speak to my blood; I command every red and white cell to destroy every diseased germ, virus, or alien cell that is trying to inhabit my body. In Jesus' name, I command every cell of my body to be made normal and I forbid any malfunction in my body cells. (*Mk 11:23, Lk 17:6, 1Jn 5:14-15*)

Every foreign cell that is not promoting life and health in my body is cut off from its life source. My blood cells will not allow one abnormal cell or tumorous growth to live in my body. (*Lk 17:6, 1Jn 5:14-15*)

I am redeemed from the curse of the law; therefore, my heart beats with the life of God. The law of the Spirit of life, in Christ Jesus, cleanses my blood stream from every disease and impurity. (*Gal 3:13; Rom 8:2*)

The same Spirit that raised Christ Jesus from the dead dwells in me, permeating my veins with resurrection life, sending healing throughout my body. (*Rom 8:11*)

I speak to my blood, my bones, my marrow, my joints, and every internal organ, and I call you normal, in Jesus' name. My bones and joints will not respond to any disease. I speak to pain, swelling, and inflammation, and I command you to line up with God's word. God sent His word and healed me and delivered me from every disease, sickness, infirmity, and every pit of destruction, for Jesus is my Healer. (*Ps 107:20*)

Body, I speak the word of faith to you. I command every internal organ to perform a perfect work, for you are the temple of the Holy Spirit. I charge you, in the name of the Lord Jesus Christ and by the authority of His holy word, to be healed and made whole. (*Pr 12:13, 1Cor 3:16-17, 6:19, 1Jn 5:14-15*)

I command my bones to produce perfect marrow; I command my marrow to produce pure blood that will ward off sickness and disease. My bones refuse any offense of the curse. (*Pr 16:24, 1Jn 5:14-15*)

The word of God has become part of me; it flows in my bloodstream to every cell of my body, restoring and transforming my body. The Word has become flesh, for You sent Your Word and healed me. (*Ps 107:20, Jn 1:14*)

Father, as I give voice to Your word, the law of the Spirit of life in Christ Jesus makes me free from the law of sin and death. Your life is energizing every cell of my body. (*Rom 8:2*)

I resist the enemy in every form that he takes as he comes against me. I require my body to be strong and healthy and I enforce it with Your word. I reject the curse and I enforce life in this body. I will not die, but live and declare the works of God. (*In 4:7, Ps 118:17*)

Father, You have forgiven all my iniquities; You have healed all my diseases; You have redeemed my life from destruction. You satisfy my mouth with good things so that my youth is renewed as the eagles. (*Ps 103:2-5*)